



## GORAN JURENEC

HEIGHT 188 - 6' 2"

CHEST 101 - 39"

WAIST 84 - 33"

SHOES 44,5 - 10 1/2

HAIR CASTANI - BROWN

EYES VERDI - GREEN



Sex So Hot She'll Wake The Neighbours

The magazine men live by

# Men's Health

R35.1

FEBRUARY 2011

**FREE WORKOUT POSTER!**

**STRIP AWAY FAT!**  
IN 8 POWER MOVES

**GET ARMS LIKE THESE**  
COVER GUY WORKOUT, P54

**Double The Style, Half The Cost, p106**

**15 POWER FOODS!**  
Fuel Your Mind And Body

**FREE 31-PAGE WEALTH GUIDE**  
Beat Money Stress

**The Best Advice**  
Tactics Win Every Time! p8

**HEALTH SECRET**  
**SMART GUY KNOW,** p6

www.mh.co.za

The Men's Health Guy  
**GORAN JURENEC**  
"Training means nothing without the right nutrition."

9 771027 687000











HOM

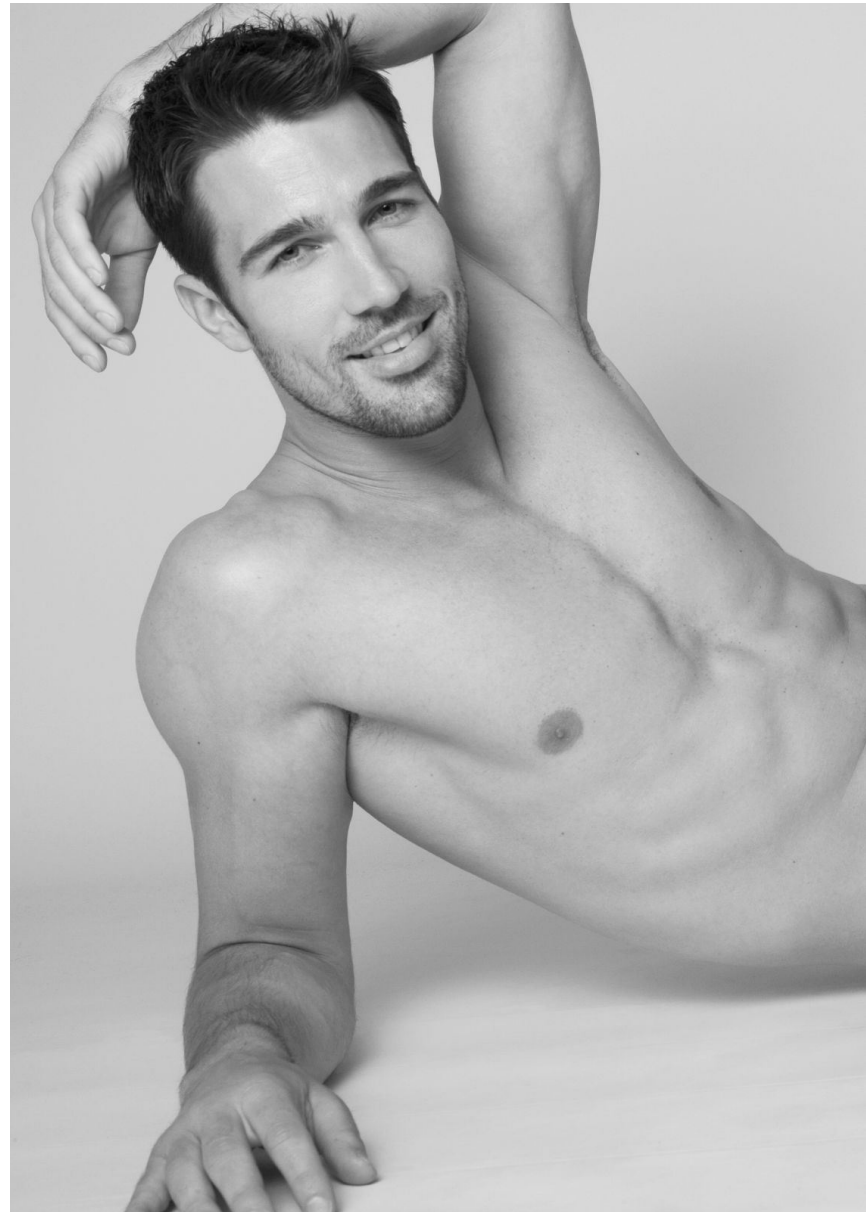


Premium Men's  
Underwear  
Since 1968

uk.hom.com

The advertisement features a teal background. At the top, the brand name 'HOM' is written in a stylized, outlined font. Below this, a white-bordered photograph shows a muscular man from the waist up, wearing bright yellow briefs with a green waistband and a small logo on the fly. He is standing in a shower stall with white tiled walls. Below the photo, the text 'Premium Men's Underwear' is centered, followed by 'Since 1968' and a horizontal line. At the bottom, the website 'uk.hom.com' is displayed.









**CLUB**  
Edgars

ARY 2010 R20.50/FREE TO CLUB MEMBERS

*Work it!*  
A *new* take on  
office classics  
ankle boots &  
skin food







# SHORT LISTED

Det gedigne gammeldags look er in. Men det må gerne afveksles med lidt mere spræl: terner, stjerner eller striber.

A full-body view of the same shirtless male model from the previous image. He is standing and looking slightly to his left. He is wearing dark blue briefs with a white waistband that has the "Polo Ralph Lauren" logo repeated. The background is a plain, light-colored wall.

Polo Ralph Lauren  
3 pack KR. 399,95  
4 kombinationer i forskellige nuancer  
*Men's underwear Stuen*



